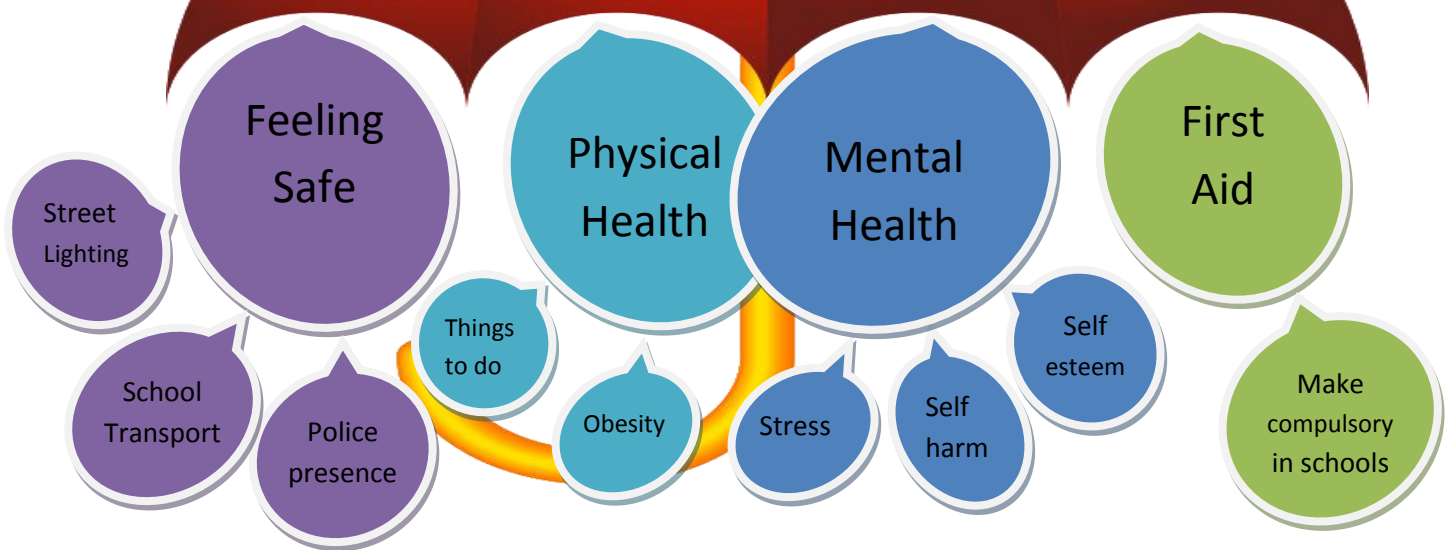


Health and Wellbeing



Between September 2017 and September 2018, Bolsover District Youth Council –The Young Voice will work collaboratively on the following:

Health and Wellbeing - this will be the over-arching theme for the year, which will include the topics:

1. Feeling Safe – The Youth Council will work to help make young people feel safer in the community.

2. Physical Health – The Youth Council will help promote healthy lifestyles of young people and champion the facilities available to them.

3. Mental Health – The Youth Council will raise awareness of mental health, and raise money for mental health charities.

4. First Aid – The Youth Council will lobby schools to ensure First Aid training is available to all.